



# Kivitski

THE NEWSLETTER OF THE SASKATOON NORDIC SKI CLUB

[www.saskatoonnordicski.ca](http://www.saskatoonnordicski.ca)

SEPTEMBER

2015



## ANNUAL GENERAL MEETING

OCTOBER 7,  
7:30 PM

AT BRAINSPOUT

616 10TH STREET E  
SASKATOON

EVERYONE IS  
INVITED!

*Taking a break on a Spring Hike*

Photo Courtesy of Sheryl Riis

Web address:

**www.saskatoonnordicski.ca**

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**President**

Dan Beveridge  
president@saskatoonnordicski.ca

**Past President**

Dan Brisbin

**Vice-President**

Dorothy Quayle

**Secretary**

Kate Germin  
secretary@saskatoonnordicski.ca

**Treasurer**

Daryl Sexsmith

**Membership**

Jeff Thorpe

**Youth Programs**

Jan Sedgewick

**Eb's Trails**

Heather Dawn Bernhard  
Randy Chapman

**Touring & Hiking**

Sheryl Riis

**Instruction**

Bruce Simms

**Loppet**

Eb's Source for Adventure

**Competition**

Bruce Simms

**Equipment Manager**

Rob Klenz

**Member Awareness**

vacant

**Blind and Visually Impaired**

Joanne Ferguson

**Newsletter Editor**

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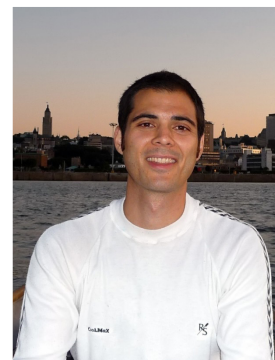
Contact via the web!

## PRESIDENT'S MESSAGE

Dan Beveridge

I hope everybody had a good summer. I felt a little sadness with the coming of cold mornings and changing leaves but after we started planning for this coming ski season, that quickly turned into anticipation. Here's hoping for good snow this winter.

Our AGM is on October 7. We have one or two openings on the executive this year. I hope you will consider serving. It's a good group of people all doing what we can to improve the skiing experience for people in Saskatoon and to grow the sport we love. I look forward to catching up with you and planning this season at the AGM.



Financial Records on pages 6,7 & 8

## YOUTH PROGRAM

By Jan Sedgewick

The Youth Program always needs more coaches – contact Jan @ [jack-rabbitssaskatoon@gmail.com](mailto:jack-rabbitssaskatoon@gmail.com)

We are having a youth equipment swap on Wednesday October 21<sup>st</sup>, 2015. Details are on the website events page.

Classes are set to start November 29<sup>th</sup> and December 2<sup>nd</sup>.

There are good details on all the Youth programs on the website Youth page.

Look into the new Youth HiPer race team, details found under Youth – High Performance.

## Check it out!!!

If you haven't visited the Club's website lately you are in for a pleasant surprise!

On the **Calendar of Events** find out what Club activities are happening and when; we try and keep that up to date! Click the **Contact Us** link for answers to questions not found on the site.

## MEMBERSHIP NOTES

By Jeff Thorpe

The on-line registration system for the 2015-2016 ski season will be active within a few days. The system allows you to renew your membership and pay your fees on-line. You can also sign up for youth programs. Find the link to the system on the Saskatoon Nordic Ski Club website, [www.saskatoonnordicski.ca](http://www.saskatoonnordicski.ca).

For non-web users the current membership form and waiver form are included in this mailing.



# SUNDAY HIKING TOURS FALL 2015 – Update

By Sheryl Riis



Welcome back to another fun year of hiking and skiing! I hope that the smoke and heat have not hindered any of your summer activities. I know that fires rejuvenate forests but it saddens me to think that many fires are not caused by nature, but humans.

Trees are such an important part of our planet! Every year, I more deeply

appreciate the calming, cooling effect of lying under a tree, looking through the leaves gently blowing in a summer breeze, and watching the birds flit about so freely. I definitely recommend tree therapy... any time of the year!

Walking is also great for fitness and for stress release! It tends to lower blood pressure, resting heart rate, body fat and cholesterol. It is known to improve overall fitness and mood. Combine walking/skiing and a forest full of trees and I think that you have the perfect combination for overall health!

Please renew your Saskatoon Nordic Ski Club membership (details on page 2) and join us on the trails hiking and skiing. The trails would

quickly grow over, if it was not for volunteers clearing trees and brush. Leaders design and check hiking trails. Wood cutting is done in the fall, to lay in the supply for the ski huts. The huts and bathrooms are maintained. Trails at Eb's and in the city are groomed by volunteers, all winter. Your volunteer help is always appreciated, too!

**\*Leaders for hiking and skiing tours/trips always welcome!!!**

**\*Meeting places vary!**

**\*Check website and Yahoo Groups for updates!**

– please bring a lunch, water, sunscreen, hat, sit-upon, \$10.00 for carpooling, money for supper...

## HIKING SCHEDULE

### **September 27 – “Miner’s Creek” with Macdowall Fall Supper**

Leader: Heather Bernhard 306-242-1928;

Meet: 9:45 a.m. across from Lawson Civic Centre, in the Lawson Heights Mall parking lot, by the park.

### **October 4 – “Redberry Lake” with supper in Blaine Lake**

Leader: Jeff Thorpe 306-343-1984

Meet: 9:45 a.m. across from the Lawson Civic Centre, in the Lawson Heights Mall parking lot, by the park.

### **October 11 – Thanksgiving! (\*No formal hike planned.)**

### **October 18 – “Buffalo Pasture” with Rosthern Fall Supper**

Leader: Pat Clarke 306-477-0023

Meet: 9:45 a.m. across from the Lawson Civic Centre, in the Lawson Heights Mall parking lot, by the park.

### **October 25 – “Borden Hike” with supper at the Borden Hotel**

Leader: Bob Katarynych 306-373-1438; Supper at the hotel. **\*Please contact Bob with dinner numbers.**

Meet: 9:45 a.m. across from the Lawson Civic Centre, in the Lawson Heights Mall parking lot, by the park.

### **November 1 – “Wakaw Hills” with a Fall Supper at the Roman Catholic Church, in Wakaw**

Leader: Cliff Speer 306-653-5693

Meet: Saskatoon Field House parking lot, corner of College Drive and Preston Avenue.

### **November 8 - “Douglas Park Sand Dunes” perhaps with a supper in Saskatoon**

Leader: Keith Pahl 306-374-3117

Meet: 9:45 a.m. at the Saskatoon Western Development Museum parking lot, 2610 Lorne Avenue.

## Blind and Low Vision Ski Group

\* The Blind and Low Vision ski group welcomes old and new members and any interested volunteer guides and volunteer drivers to join us this fall and winter.

\* The Blind and Low Vision Ski Group will be starting their Saturday morning fall conditioning hikes on Saturday, October 3. We will start the season with a fall hike and wiener roast. See below for contact people to obtain more information on this special event.

\* Starting Saturday October 17, the group will do fall conditioning hikes weekly. We meet at 9:45 a.m. in the Mendel Art Gallery lobby and spend one hour walking on the Meewasin trail system, followed by a social coffee hour concluding at 12 noon.

For more information please contact:

Monique Lalonde 292-4076

or

Joanne Ferguson 477-0427. Email:

[joanne.ferguson@sasktel.net](mailto:joanne.ferguson@sasktel.net)

## Blind and Vision-impaired Ski Group Needs Volunteer Guides and Drivers

- to assist blind/vision-impaired skiers
- \* Saturday mornings at 10:00 a.m. - 12 noon
- either regular or spare (can come sometimes but not regular commitment)
- Location: for fall hikes starting October 17/15 at Mendel Art Gallery/ Meewasin Trail and for skiing once snow arrives at Wildwood Golf Course
- Recreational level of skiing - no skiing expertise required\* short orientation offered
- Guiding is actually a fairly simple and straightforward process – each individual skier, depending on the level of vision, needs to be told of curves in the trail and of hills going both up and down. The tracks do a lot of the guiding as well. Depending on the skier, some like the guide to either lead in front, ski side by side, or ski behind and call out directions.
  - Our skiers have a range of skiing abilities, some are complete novices, while others have skied in the past but overall no particular skiing expertise is required.
  - \* **what** is most important is ability to communicate both to find out what the skier wishes to know about the trail and to tell the skier those things.

We are also in need of volunteer drivers who would be willing to pick up skiers prior to 10 a.m. on Saturday mornings at their homes and to drive them home after skiing ends at 12 noon. We particularly need drivers who can pick up skiers in the downtown area and on the West side of the city, as we are very short of both guides and drivers for skiers in these areas of the city.

**For more information contact: Monique Lalonde 292-4076 OR**

**Joanne Ferguson 477-0427 or Email [joanne.ferguson@sasktel.net](mailto:joanne.ferguson@sasktel.net)**



Saskatoon Nordic Ski Club Corp.  
Balance Sheet As at 30/06/2015

**ASSET**

**Assets**

Canada Trust Bank	67,455.61
Term Deposits	0.00
Accounts Receivable	0.00
<b>Total Assets</b>	<u>67,455.61</u>

**TOTAL ASSET** 67,455.61

**LIABILITY**

**Liabilites**

Accounts Payable	0.00
Deferred Revenue	500.00
<b>Total Liabilities</b>	<u>500.00</u>

**TOTAL LIABILITY** 500.00

**EQUITY**

**Retained Earnings**

Retained Earnings - Previous Year	49,909.56
Current Earnings	17,046.05
<b>Total Retained Earnings</b>	<u>66,955.61</u>

**TOTAL EQUITY** 66,955.61

**LIABILITIES AND EQUITY** 67,455.61

This statement was prepared by Daryl Sexsmith Treasurer of the Saskatoon Nordic Ski Club.



Daryl Sexsmith

This statement has been reviewed by Kathy Butler who was approved at the Annual General Meeting and is deemed to be a complete and accurate statement.

 CPA, CMA 

**Saskatoon Nordic Ski Club Corp.****Income Statement 01/07/2014 to 30/06/2015****REVENUE**

Membership Fees	21,498.95
Donations	1,423.30
Blind Skiers	2,695.00
MAP Grant	12,493.00
High Performance Training	2,466.09
Racing	1,412.63
Event grant	500.00
CCS Facility grant	4,050.00
City of Saskatoon grant	4,000.00
1989 JCG Grant	0.00
National Sport Trust Fund	1,000.00
Loppet	4,245.00
Instruction	1,240.00
Youth/Jackrabbit	5,530.00
Eb's Trail Project	0.00
Interest	0.00
Kivilski	76.00
<b>Total Revenue</b>	<b>62,629.97</b>

**EXPENSES**

Blind Skiers' Program	3,245.00
Club Awareness Advertising	1,408.87
Volunteer apprec/member events	0.00
High Performance Training	1,256.09
Eb's Trail Maintenance	1,355.20
City Trail Maintenance	1,447.97
Instruction	661.50
Kivilski	248.24
Eb's Day	964.77
Loppet	3,353.98
Machine Maintenance	2,730.12
Printing, postage, admin	1,136.34
Zone 4	1,876.00
Racing	761.12
Rent/Storage	1,065.65
Sask. Ski Assoc. Fees	8,700.00
Club Meetings	51.26
Vision 20/20, New Facility	1,121.81
Touring	171.20
Youth/Jackrabbit	6,480.80
Equipment	7,548.00
<b>Total Expenses</b>	<b>45,583.92</b>

**NET INCOME****17,046.05**

## Saskatoon Nordic Ski Club Proposed Budget 2015 - 16

### REVENUE

	2010-11	2011-12	2012-13	2013-14	Budget 2014-15	Actual 2014-15	Budget 2015-16
Membership fees	11,374	11,560	20,708	21,970	20,000	21,499	21,000
Donations	-	-	-	-	-	1,423	-
MAP	6,835	10,121	9,270	10,870	10,000	12,493	9,780
City of Saskatoon grant	3,000	4,000	4,000	4,000	4,000	4,000	4,000
Event grant	250	250	500	500	500	500	500
CCS equipment grant	2,200		-	1,550	4,050	4,050	0
Nat Sport Trust Fund donations						1,000	0
High performance training	1,750	1,456	2,500	1,207	1,000	2,466	5500
Loppet	3,497	3,360	4,503	4,231	4,000	4,245	0
Eb's trail project	1,003	10,790	1,525	440	100	-	0
Instruction	3,060	2,035	1,604	1,150	1,000	1,240	1,200
Racing	2,548	1,933	961	3,961	2,000	1,413	3,400
Youth	2,525	3,165	3,625	4,035	5,600	5,530	5,600
Ski at School Program	-	-	-	-	-	-	11,275
Blind skiers	350	315	400	740	500	2,695	0
Interest	452	225	-	-	-	-	0
1989 JCG Foundation				6,300	-	-	0
Kivilski (advertising)	-		-		-	76	100
<b>Total</b>	<b>38,844</b>	<b>49,210</b>	<b>49,596</b>	<b>60,954</b>	<b>52,750</b>	<b>62,630</b>	<b>62,355</b>

### EXPENSES

Blind skiers' program	450	450	450	740	500	3,245	500
Publicity and website and Kivilski	789	3,752	2,117	1,479	1,850	1,657	2950
High performance training	640	1,825	2,683	158	2,000	1,256	4450
Eb's trail maintenance	1,825	2,043	1,792	1,982	2,400	1,355	1350
City Trail Maintenance	351	296	564	692	700	1,448	1400
Instruction	2,575	1,510	892	882	1,000	662	700
Loppet	2,496	2,800	2,061	2,078	2,500	3,354	0
Eb's Day	494	454	602	631	600	965	1,000
Machine maintenance	1,735	1,642	3,815	2,031	3,000	2,730	2,700
Zone 4 Processing fee	-	1,015	1,744	1,807	1,100	1,876	2,000
Printing, postage, admin, meetings phone	890	233	1,353	1,813	1,800	1,187	1,100
Racing	680	267	160	980	1,000	761	3,000
Rent/Storage	2,542	2,574	2,452	2,760	3,000	1,066	400
Sask Ski Assoc fees	4,930	4,960	7,180	7,750	9,300	8,700	11,000
Touring	847	483	810	445	800	171	700
Vision 2020/New Facility	7,516		20	-	5,000	1,122	1,000
Youth program	1,994	2,450	3,195	5,268	6,600	6,481	6,600
Ski at School Program	-	-	-	-	0	-	16,275
1989 JCG Foundation				6,300	0	-	0
Purchase of equipment	4,399	27,753	6,411	11,692	5,000	7,548	9,200
Volunteer/member events/apprec			1,160	955	1,000	-	1,000
<b>Total</b>	<b>35,154</b>	<b>54,506</b>	<b>39,461</b>	<b>50,443</b>	<b>49,150</b>	<b>45,584</b>	<b>67,325</b>

### SURPLUS/DEFICIT

	3,691	(5,296)	10,135	10,511	3,600	<b>17,046</b>	(4,970)
Retained Earnings Previous Years						49,909	66,955
Transfer to Reserve for New Facility							40,000
Bank Balance year end						<b>66,955</b>	21,985
Term Deposit							40,000
Total Deposits at year end							61,985