



Kivitski

THE NEWSLETTER OF THE SASKATOON NORDIC SKI CLUB

www.saskatoonnordicski.ca

November 2024

LOTS OF SNOW AT EB'S on November 25th, 2024, as shown on this Parking Lot photo!

All trail tracks will be set for this weekend!!! Courtesy of Kate Germin



SASKATOON NORDIC SKI CLUB

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Instruction
Bruce Simms

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Alison and Geoff Meinert

Ski-at-School
Jan Sedgewick

Equipment Manager
Brian Anderson

Assistant Manager
Jason Griffith

Blind and Visually Impaired
Joanne Ferguson

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PRESIDENT'S MESSAGE

Geoff Meinert

Welcome to the 2024 cross-country ski season! The snow has arrived, and we're thrilled to announce that the trails are being groomed for skiing. Whether you're a seasoned skier or just getting started, there's no better time to embrace the winter wonderland on our beautifully groomed tracks. Don't forget to purchase your membership today to support the club and enjoy unlimited access to the trails all season long. We look forward to another fantastic winter of skiing and outdoor adventure! See you on the trails!



Geoff Meinert

THE LOPPETAPALOOZA



The Saskatoon Nordic Ski Club is thrilled to host Loppetapalooza 2025, an exhilarating cross-country ski event taking place on February 9th, 2025 at the Gordie Howe Sports Complex/Holiday Park Golf Course.

Held in the beautiful trails of Saskatoon, this event welcomes skiers of all skill levels for a day of fun, fitness, and community spirit. Participants can enjoy a variety of loppet distances and challenges, making it the perfect outing for competitive racers, recreational enthusiasts, and families. Don't miss this opportunity to celebrate the joy of Nordic skiing in the heart of winter!

SUNDAY TOURS 2024 /2025 by Sheryl Riis, Touring Co-ordinator 306-382-9462



We had five lovely, warm-weather fall hikes! The fall suppers were excellent, and we had a delightful Wiener roast. Thank-you, to all the hike leaders! There was even enough time to solidify the Nisbet Summit Hike for next year. I personally prefer a bit cooler weather, but most people were very happy with the plus temperatures. Now, it's time for snow!

When there is a sufficient base, Eb's Trails will be groomed, and ready for our winter enjoyment. Please help all our volunteers by keeping the tracks, outdoor biffies, and huts in good shape, and only using the amount of wood necessary. Shovelling and sweeping are always appreciated!

During ski season, members are welcome to meet Sundays, at 9:45 a.m., across from the Lawson Civic Centre, in the Lawson Heights Mall parking lot by the park, for carpooling to Eb's Trails. We decide which parking lot we want to ski from, and usually return between 4 – 5 p.m. We ski in groups, or individually, and meet back at whichever hut we decide, around 3 p.m. Bring your water, lunch, clothing layers... and \$10.00 for gas for the driver. Please share telephone numbers, in case you need to connect while in the forest.

Tours, or mid-week skiing are also organized by members via Google.io. Members post suggestions for other skiing opportunities, and see who else might be interested. These might be for skiing in the city, at Eb's Trails, or elsewhere. Please feel free to plan a ski trip!

Google Group: Saskatoon Nordic Ski Club web page – click on “Lessons and Activities,” click on Hiking, or Skiing, and then click on SNSCTouringGroup Groups.io, and sign up.

See you on the ski trails!

Sheryl Riis

Touring Co-ordinator 306-382-9462



Photos courtesy of Sheryl Riis



Hello fellow winter enthusiasts.



The trails at Eb's have been cleared and mowed. We now await some good snow!



Trail clearing started in August by our devoted volunteer team. Mowing was completed by the end of September. Wood gathering day was successful, thank you to those that came out to help.



There have been some small repairs to the huts needed this year due to vandalism. You will find some minor trail changes. We have rerouted away from water bodies in some places to make it easier and safer for equipment. This also allows us to open trails earlier in the season. Please remember that it is hunting season until into December, so wear bright colours. Thank you to all volunteers, for your hard work! Let's hope for a season of snow, snow, snow, so we can ski and snowshoe to our heart's content!

Photos Courtesy of Kate Germin and friends

FUNDED BY



BUNNIES AND JACKRABBITS by Dan Fuller

SASKATOON NORDIC SKI CLUB YOUTH LESSON REGISTRATION OPEN

Exciting news for families and ski enthusiasts! The Saskatoon Nordic Ski Club's Bunnies, Jackrabbits, and Learn to Ski programs are now open for registration. These programs offer a fantastic opportunity for children to build confidence on the trails, learn fundamental skills, and enjoy the great outdoors together. With groups for all levels, everyone can get involved, whether you're just starting out or looking to improve your technique (<https://saskatoonnordicski.ca/lessons-activities/youth-lessons/>).

We're also looking for volunteer coaches to make this season a success! No prior coaching experience is necessary—just a love for skiing and a passion for helping others. As a coach, you'll guide and inspire our young skiers while fostering a welcoming community on the trails. Join us in creating memorable winter experiences—reach out today to learn more about volunteer opportunities!



BLIND AND VISUALLY IMPAIRED SKIERS REPORT by Stanley Windels

The Blind Skiers had 24 people and two dogs attend the fall hike and Wiener roast on October 5, at the George Kuntz acreage. Since then, there have been three hikes along the Meewasin Trail; meeting at 9:45 a.m. Saturday mornings.

Our next hike is on November 19. We are pleased with the number of spare guides which are volunteering to help us, and hope that some of them will choose to become regular guides.

We again have access to Wildwood Clubhouse this year, thanks to the Nordic Ski Club. We will meet there at 9:45 a.m. Saturday mornings, and ski from 10 a.m. to 11 a.m., likely followed by coffee in the Clubhouse.

Our Christmas Ski and Club-sponsored Pizza lunch will be December 14, at Wildwood Golf Course.

No Skiing December 28.

Two Skiers and two guides plan to go to Ski for Light, a Canadian International event for blind skiers. It is held in Canmore, Alberta the first week of February 2025. Thankfully, our Club is able to cover most of the costs for participants in this event.

New skiers and guides are always welcome. If anyone wants more information, please email Joanne Ferguson at:

Joanne.Ferguson@SaskTel.Net.

The Blind Skiers wish to thank Saskatoon COOP for their financial support.

Happy and safe skiing!

Sincerely, Stanley Windels



Blind Skiers and Guides
Courtesy of Joanne Ferguson

ADULT INSTRUCTION UPDATE by Bruce Simms – brucesimms@sasktel.net

Adult Instruction Update November 2024

November snowstorm, hooray! Your SNSC CANSI instructors are excited and looking forward to making you a skier, or a better skier. See our course listings below and then go to the adult instruction page on the SNSC website for more information and a link to registration on zone4.ca. Private lessons available if preferred. Questions after that – reach out to me. bruceesimms@outlook.com

Adult Instruction Schedule 2024-25

Course 1 Learn to Classic Ski Dec 9, 11 & 16, 7 p.m.- 9 pm. Instructor: Rob

Course 2 Learn to Skate Ski Jan 7, 9 & 14, 7 p.m.- 9 p.m. Instructor: Bruce

Course 3 Learn to Classic Ski Jan 7, 9 & 14, 1 p.m.- 3 p.m. Instructor: Cliff

Course 4 Downhill Skills for XCountry Jan 21, 23 & 25, Tu, Th 7 p.m.- 9 p.m., Sat 1:30 p.m.-3.30 p.m. at
River Ridge Trails Langham

Course 5 Skate Skills Improvement Feb 4, 6, 11, 7 p.m. – 9 p.m. Instructor: Bruce

Course 6 Intermediate Classic Jan 8, 11, 12, Weds 7 p.m.- 9 p.m., Sat 1 p.m.-3 p.m., Sun 1 p.m.- 3 p.m. Instructor: Cliff

OUTREACH - TRY IT OUT ADULT INTRODUCTORY NORDIC SKI LESSONS by Gail Motsi

This season we will again be offering introductory lessons for adults who want to try out cross country skiing but have no experience and no equipment. The Saskatoon Nordic Ski Club will provide equipment and a brief introduction to how to ski and participants can practice under the guidance of certified instructors.

Lessons will be held on Monday nights, 6:00 to 8:30 p.m. at the K&S Facility, Gordie Howe Sports Complex, mid-December to mid-March. Registration information will be posted on our Facebook page when there is enough snow and the weather permits.

If you have friends or family who would be interested, please pass the information on to them and tell them to keep checking our Facebook page for updates.

Note: For skiers with some experience and equipment who want to improve their skills, please register for our regular adult lessons. These Try It Out introductory lessons are designed for “newbies” only.

SKI-AT-SCHOOL by Jan Sedgewick

“SkiAtSchool could use some more assistant or substitute instructors. All sessions take place at the GHSC . AM sessions run from 9:15 to 11:45 and PM sessions run from 12noon to 2:45. Jackrabbit coaches would be very welcome. For details please call Jan Sedgewick @ 306-931-3305 or skiatschool@saskatoonnordicski.ca.”

